

VISTAR...TAKING BETTER-FOR-YOU SNACKS TO NEW HEIGHTS!

At Vistar we make sure we offer a variety of options to grab on the go which are as diverse as you are. From treats to easy to eat on the go savory snacks; there's something for everyone.

At Vistar we are dedicated to distributing the most current mix of candy, snack, beverages and better-for-you selections for you to enjoy anywhere, anytime.



PREPARE



Travel is so exciting and great for relaxing but it can also take a toll on your mind, your body and your spirit, especially when it comes to food.

Remember being at the mercy of the airlines? odd colors, strange smells and questionable meals? The only thing you could count on was that small bag of peanuts...at least it was protein!

Well all that's changed! You now have the power to make the right choices anytime, anywhere! In today's snack market, consumers are more aware than ever about the importance of a healthy lifestyle, not only on a daily basis, but especially when traveling or on the go. So be prepared AND fuel your body the right way. Vistar makes it so easy for you!

PROTEIN



We all know the importance of protein. It not only fuels your body, it keeps you satisfied. So grab convenient, protein rich snacks like **Clif Bars** for your flight. Full of healthy ingredients, available in a variety of delicious flavors and they will help keep you full and focused no matter what your day may bring.

BEVERAGES



Protein is a key player when traveling, but hydration should also be a part of your flight plan.

Need a boost from jet lag? Then grab a **Hi Ball Energy Drink**. Available in a variety of flavors, it's low calorie, you have a sugar free option and it has just the right amount of caffeine to keep you going.

Refresh and hydrate without the sugar crash so you can hit the ground running whether you are headed on vacation or to a business meeting. Land on your feet by feeding your body what it needs.

TREATS



And what is a trip without a sweet treat to unwind to?

Don't unravel all the hard work you've done with exercise and proper nutrition. Satisfy those sweet cravings the better way with a **FREE2B** chocolate treat! Low in calories, low in sugar and perfect for everyone because it's allergen free!

Check out all these brands and more at the CIBO market!

